



If you leave the path here and make your way through the laurel undergrowth to the right you will find some good scrambling rocks. The exposed rocks mark a geological fault line and the quarry from which the stone for Sheffield manor was hewn. You may even find the remains of the **old sweetshop!**



Return to the footpath and walk north looking out for a small footpath on the left, heading north going down to a stream. Cross the stream and on the way up take a **left fork**. The track takes you up and over a ridge and down to another stream with a small pond on either side. Up through the pasture then down to the angling ponds through the Wood. Turn left at the stream

onto the road, where a cafe awaits (with a tasty plate of maggots if you wish!) should you be in need.



As you cross the wooden bridge, look for old stonework from the bridge that has fallen in. A sign of the former importance of this route.

Follow the anglers access road, but take the grassy track south west at the bend along a small stream. This track looks very ordinary today, but it is part of an old, important long distance route from the River Ouse at Sheffield Park to Chelwood Corner and the Forest.

